

## Indiana State Medical Association Group Health Insurance

# PPO 1000

	Blue Access (PPO) Network	Out of Network
Office Visit	\$20 copay	Deductible/coinsurance
Preventive Care (includes Vision Exam)	\$20 copay	Deductible/coinsurance
Urgent Care	\$50 copay	Deductible/coinsurance
Emergency Room	\$100 copay	Deductible/coinsurance
Rx Drugs	- 30 day supply - 90 day mail order	\$10 generic / \$20 formulary / \$30 non-formulary \$20 generic / \$40 formulary / \$60 non-formulary
Deductible	- Per person per calendar year - Maximum per family per calendar year	\$1,000 \$2,000
Coinsurance	90% / 10%	70% / 30%
Out of Pocket Maximum	- Per person per calendar year - Maximum per family per calendar year	\$1,500 \$3,000
Maximum Benefit per person per lifetime		\$5 million all providers
Human Organ/Tissue Transplant Benefit per person per lifetime (counts toward \$5 million Maximum Benefit)		\$1 million all providers

### Covered Benefits

- **Preventive Care:** Includes physical exams, well baby care, immunizations, diagnostic services performed during the office visit session and billed by the physician, including routine pap smears and routine mammograms.
- **Physician Office Services:** Includes office visits, office surgeries, preconception care & education, allergy testing and treatment - serum and injections.
- **Urgent Care Facility Services**
- **Emergency Room Facility Services**
- **Prescription Drugs:** Includes oral contraceptives.
- **Inpatient Hospital Care:** Unlimited number of days of semi-private room or ward accommodations and other necessary services not included in the room charges.
- **In-hospital Medical Care:** Visits by your doctors
- **Diagnostic X-rays and Lab Tests**
- **Surgery**
- **Anesthesia**
- **Consultation:** Inpatient or outpatient consultations
- **Radiation Therapy:** Treatment of abnormal growths by radiation (inpatient or outpatient basis).
- **Mental Illness**
- **Substance Abuse:** Up to 30 inpatient days per year. Up to 50 professional visits per year. Maximum lifetime benefit of 2 Substance Abuse programs.
- **Maternity:** Benefits paid same as for any illness.
- **Infertility:** \$5,000 lifetime maximum benefit per person for treatment of infertility.
- **Outpatient Therapy:** Physical/occupational therapy 60 visits per year; Speech therapy 20 visits per year; Spinal manipulation 12 visits per year.
- **Approved Home Health Care Services**
- **Medical Supplies, Equipment and Appliances:** Subject to deductible and coinsurance.
- **Temporomandibular Joint (TMJ) Services:** Benefits paid same as for any illness.
- **Hospice Services**
- **Foreign Travel:** Same benefits paid in or outside the U.S.
- **Human Organ or Tissue Transplant:** Covers these human to human organ and tissue transplants: bone marrow, heart, heart/lung, lung, liver, pancreas and kidney/pancreas. In network covered in full; out of network 50% coinsurance. Separate \$1 million lifetime maximum benefit for all transplant services. Kidney and cornea transplants covered under health benefit.
- **Benefit Management Program:** In catastrophic/chronic cases, alternative

means of care may be offered, subject to approval of the insured and the attending physician, i.e., skilled nursing facility, home health care, hospice care or special medical equipment such as ventilators and respirators.

- **Mandatory Precertification on Inpatient and Selected Outpatient Services with Noncompliance Penalty:** Inpatient, 30% penalty. Outpatient, precertification not required.
- **BlueCard Program:** In many cases, when you travel or live outside your Blue Cross and Blue Shield Plan's service area, you can take advantage of savings the local Blue Plan has negotiated with doctors and hospitals in the area. You should not have to pay any amount above these negotiated rates. Also, you should not have to complete a claim form or pay up front for your health care services, except for those out-of-pocket expenses (like non-covered services, deductible, copay, and coinsurance) that you'd pay anyway. More than 85 percent of all doctors and hospitals throughout the U.S. contract with Blue Cross and Blue Shield Plans. Outside of the U.S., you have access to doctors and hospitals in more than 200 countries. Always use a BlueCard PPO doctor or hospital to make sure you receive the highest level of benefits. Visit the BlueCard Doctor and Hospital Finder Web site ([www.anthem.com](http://www.anthem.com)) or call BlueCard Access at 1-800-810-BLUE to locate doctors and hospitals when you need care outside of your Blue Plan's service area.

### Exclusions

Services not covered under the Medical Plans include:

- Services or supplies not medically necessary
- Routine physical examinations and vaccinations, except as otherwise stated
- Cosmetic surgery
- Dental care not caused by an accident unless you are covered under the Dental Plan
- Eyeglasses or hearing aids
- Services covered by worker's compensation

Complete list of exclusions printed in Certificate of Coverage.

### Limitations

Unless otherwise noted, covered charges are eligible up to the usual, customary and reasonable allowance, which is measured and determined by comparing actual provider charges with charges customarily made for similar services and supplies for individuals with similar medical conditions.

This is not meant as a replacement to the Certificate of Coverage and whenever a discrepancy exists between the Certificate of Coverage and this brochure, the Certificate of Coverage will govern the administration of the plan. Effective July 1, 2007